



- **Who we are:**

Registered Charity No. 1074453 - in existence since 1998

- **What we do:**

We provide young offenders aged 15 -21 with volunteer mentors whilst they are serving a sentence inside a Young Offenders Institution - and where possible the relationship is continued upon release into the community

- **Why we do it:**

We aim to reduce the risk of re-offending by working with the young offender on building self-awareness, confidence, self-esteem and by helping them to develop changes in thinking, attitude and behaviour

- **How we do it:**

We recruit, train, support and supervise volunteers as mentors who then work with the young offender. The mentor uses a number of tool sets to structure the relationship, including: Introduction to Mentoring, Better Relationships, Asserting Myself, Money Matters, and Getting Ready to Work. Good Parenting will be added during 2009

- **Where we do it:**

Aylesbury Young Offenders Institution (Buckinghamshire)  
Brinsford Young Offenders Institution (Wolverhampton)

In the community after release

- **Funding:**

We receive no government funding and have to raise every penny ourselves

- **Patrons:**

Lord David Ramsbotham GCB CBE  
The Right Honourable Sir John Dyson PC  
The Baroness Vivien Stern CBE

- **What young offenders say about their mentors :**

'I learnt about myself and why I ended up here'..... 'It has taught me new ways to deal with life'....  
'Really, really helped! Agata is very exceptional'..... It has changed the way I think'..... . 'He will help me keep out of trouble and I don't want to disappoint him'.....

- **How to contact us:**

**01296 444105** 9.30 – 5.00 weekdays or [mentoring@trail-blazers.org.uk](mailto:mentoring@trail-blazers.org.uk)

**[www.trail-blazers.org.uk](http://www.trail-blazers.org.uk)**